

REACTIONS TO FRUSTRATION OF ADOLESCENTS ACROSS GENDER

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ABSTRACT

An exploratory research was conducted to find the reaction to frustration of adolescents with the following objective: To assess frustration reactions of adolescents across genders. Sample constituted of 150 adolescents, from which 75 adolescent girls (25 each from upper, middle and lower socio- economic status) and 75 adolescent boys (25 each from upper, middle and lower socio- economic status) were selected through stratified random sampling. Socio economic status of the sample was ascertained using **Kappuswamy Socio- Economic Scale (1962)** revised by **Sharma (2019)** and frustration reactions were assessed with the help of **Reactions to Frustration scale** constructed and validated by **Dixit and Srivastava (2005)**. Frequencies, percentages, standard deviation and ANOVA were used for analysing the data and drawing the inferences. It was concluded from the findings of the study that irrespective of the socio economic group, the adolescents showed average frustration in them. The findings of the study also indicated significant gender differences in frustration reaction where boys were found with greater frustration reactions than the girls. The findings also indicated that there are no significant differences in reactions to frustration across socio economic groups thereby depicting that adolescents irrespective of their socio economic backgrounds have similar frustration reactions. Therefore, it is recommended to adolescents to adapt calming techniques and pay attention to interpersonal relationships and be away from the gizmo as much as possible.

KEYWORDS: Adolescents across Genders, Reactions to Frustration Scale, Frustration of Adolescents

Article History

Received: 02 Jul 2022 | Revised: 02 Jul 2022 | Accepted: 07 Jul 2022
